



NATIONAL FOOD AND NUTRITION COMMISSION

2012
ANNUAL REPORT

1. Membership of the Commission as at 31st October 2012

The Commission's tenure of office ended on 31st October 2012. The Commissioners were;

- 1) Dr. Phoebe Albina Bwembya - Chairperson
- 2) Dr. Rosemary Kumwenda, MD, PHDC (LON)- Member
- 3) Mr. Namukolo Mukutu - Member
- 4) Mr. Moses Mwale - Member
- 5) Dr. Nicholas John Kwendakwema, Ph.D. - Member

2. Commission Secretariat

The Commission secretariat was headed by the Executive Director and management which included the Deputy Executive Director and six (6) Heads of Units as follows:

- 1) Dr. Cassim Masi - Executive Director
- 2) Ms. Beatrice Kawana - Deputy Executive Director
- 3) Mr. Freddie Mubanga - Head- PHCNU
- 4) Mr. Musonda Mofu - Head- RPU
- 5) Mrs. Funny Kondolo - Administration Manager
- 6) Mrs. Muleya Maimbo - Accountant
- 7) Mrs. Raider Mugode - Acting Head- TCU
- 8) Mrs. Eustina Mulenga Besa - Head- NECU

2.1 Administration Composition

- 1) Mrs. Funny B. Kondolo - Administration Manager (Head of Unit)
- 2) Mr. Peter C. Ndalama - Administrative Officer
- 3) Mrs. Betty. M. Bwalya - Personal Secretary
- 4) Mr. Bwalya Mulenga - Transport Officer
- 5) Mr. Benard Phiri - Stores Officer
- 6) Mr. Saviour Mwenifumbo - Purchasing Officer
- 7) Mr. William Kabaso - Auto Mechanic
- 8) Ms. Majory M. Mayiya - Typist/Office Assistant
- 9) Ms. Moddy. M. Siakalima - Receptionist
- 10) Mrs. Mable. M. Mwansa - Registry Clerk
- 11) Mr. Lawrence Mulwangi - Registry Clerk
- 12) Mr. Mumbuwa Muyenga - Driver
- 13) Mr. Yambani Zulu - Driver
- 14) Mr. Rodgers Tembo - Driver (up to 30th June, 2012)
- 15) Mr. Patrick. Ngoma - Driver
- 16) Mr. Mukena Mukelabai - Office Orderly
- 17) Ms. Patricia Mwape - Office Orderly
- 18) Mr. S. Chanda - Day Guard
- 19) Mr. Sitali J. Sikayo - Day Guard

2.2 Public Health and Community Nutrition Unit (PHCNU)

- 1) Mr. Freddie Mubanga - Chief Nutritionist (Head of Unit)
- 2) Mr. Mike Mwanza - Principal Nutritionist
- 3) Mrs. Gladys Kabaghe - Nutritionist (Food Safety)
- 4) Mrs. Idah Chama Mulenga - Nutritionist
- 5) Mr. Peter Chipalabwe - Nutritionist (Until 21st April 2012)

2.3 Research and Planning Unit (RPU)

- | | | | |
|----|----------------------|---|--|
| 1) | Mr. Musonda Mofu | - | Chief Nutritionist (Head of Unit) |
| 2) | Mr. Charles Banda | - | Agricultural Economist (From May 2012) |
| 3) | Ms. Chisela Kaliwile | - | Sociologist |
| 4) | Mr. Bupe Bwalya | - | Statistician |
| 5) | Mr. Kabwe Kabaso | - | Senior Nutritionist |
| 6) | Ms. Patricia Sakala | - | Nutritionist |

2.4 Nutrition Education and Communication Unit (NECU)

- | | | | |
|----|---------------------------|---|---|
| 1) | Mrs. Eustina Mulenga Besa | - | Chief Communications Officer (Head of Unit) |
| 2) | Mrs. Lynn Tembo | - | Librarian |
| 3) | Mr. Jossy Phiri | - | Media Officer |
| 4) | Mr. Koji Soneka | - | Graphic Artist |
| 5) | Ms Phililo Nambeye | - | Nutritionist (On Study Leave) |
| 6) | Mr. Brian Kunda | - | Library Assistant |
| 7) | Mrs. Betty S. Kalaluka | - | Radio Programme Organizer |

2.5 Training and Collaboration Unit (TCU)

- | | | | |
|----|-----------------------|---|--|
| 1) | Mrs. Raider Mugode | - | Principal Nutritionist (Acting Head of Unit) |
| 2) | Mr. Vincent Chowa | - | Senior Nutritionist |
| 3) | Ms. Joyce Mbewe | - | Nutritionist |
| 4) | Ms. Albertina Kapeshi | - | Nutritionist |

2.6 Accounts and Finance

- | | | | |
|----|----------------------|---|---------------------------|
| 1) | Mrs. Muleya Maimbo | - | Accountant (Head of Unit) |
| 2) | Mrs. Annie Chikampa | - | Assistant Accountant |
| 3) | Mrs. Hellen Chilobwa | - | Senior Accounts Assistant |
| 4) | Mr. Antony Muntanga | - | Accounts assistant |

3. Staff vacancies in the Commission

During the year under review, fifteen (15) staff vacancies existed in the Commission. These vacancies by unit were as follows;

Administration

- | | | | |
|----|-----------|---|-------------|
| 1) | Secretary | - | 1 position |
| 2) | Typist | - | 1 position |
| 3) | Drivers | - | 2 positions |

Total vacant positions were four (4).

Accounts

- | | | | |
|----|--------------------|---|------------|
| 1) | Accounts Assistant | - | 1 position |
|----|--------------------|---|------------|

Total vacant position in Accounts was one (1).

PHCNU

- 1) Public Health Nurse - 1 position (The position which was turned into Nutritionist Food safety)
- 2) Senior Nutritionist - 1 position
- 3) Nutritionist - 1 position (From April 2012)
- 4) Dietician - 1 position

Total vacant positions in PHCNU were four (4).

NECU

- 1) Communications Officer - 1 position
- 2) Principal Nutritionist - 1 position
- 3) Senior Nutritionist - 1 position

Total vacant positions in NECU were three (3).

TCU

- 1) Chief Nutritionist - 1 position
- 2) Nutrition Group coordinator - 1 position

Total vacant positions in TCU were two (2).

RPU

- 1) Principal nutritionist- 1 position

Total vacant position in RPU was one (1).

4. Staff Status

New Engagements

- 1) Mr. Mukena Mukelabai was engaged as Office Orderly with effect from 10th January, 2012 on a three year renewable contract.
- 2) Mr. Charles Banda was engaged as Agro- Economist in the Research and Planning Unit on a three year renewable contract with effect from May 10, 2012.

Acting Appointments and Movements

- 1) Mrs. Raider H. Mugode, Principal Nutritionist in Research and Planning Unit was appointed to act as Chief Nutritionist and moved to Training and Collaboration Unit to act as Head of unit with effect from April 2012.
- 2) Ms. Chisela Kaliwile, Sociologist in the Research and Planning Unit was appointed to act as Principal Nutritionist in place of Mrs. Mugode with effect from April 2012

Contract Renewals

Ms. Patricia Mwape's contract as Office Orderly was renewed for a further period of three years with effect from 1st February, 2012.

Resignations

Mr. Rodgers Tembo, Driver resigned with effect from 1st July, 2012.

Bereavements

Mr. Peter Chipalabwe, Nutritionist in the Public Health and Community Nutrition Unit passed away on 21st April, 2012. M.H.S.R.I.P.

5. Transport

Running Vehicles

During the period under review, the Commission had the following vehicles in running condition:

i.	Toyota Land cruiser	–	GX Reg. #AAZ 7674
ii.	Toyota Land cruiser Hard Top	–	Reg. #ABL 1105
iii.	Toyota Land cruiser Hard Top	–	Reg. #ABL 1110
iv.	Toyota Hilux Double Cab	–	Reg. #ABR 2289 (Personal-to-holder for ED)
v.	Toyota Hilux Double Cab	–	Reg. #ABR 2290
vi.	TATA Xenon	–	Reg. #ABV 6359
vii.	TATA Xenon	–	Reg. #ABX 1396
viii.	Jeep Cherokee	–	Reg. #AAV 1025
ix.	Bajaj Motor Bike	–	Reg. #ABV 6122
x.	Bajaj Motor Bike	–	Reg. #ABV 6130
xi.	Toyota Land cruiser GX	-	Reg. ABR 7550
xii.	GWM STEED Double Cab	-	Reg. #ALF 7296
xiii.	Toyota hilux Double Cab	-	Reg. #ABG 2763 (from GAIN)
xiv.	Toyota Hilux Double Cab	-	Reg. #ABG 8571(from GAIN)
xv.	Toyota Hilux Double Cab	-	Reg. #ABH 6181(from GAIN)

Non Runner Vehicles

xvi.	Suzuki Vitara	–	Reg. #AAP4194
xvii.	Mazda B1800 Vanette	–	Reg. #GRZ 121 BM
xviii.	Mitsubishi Pajero	–	Reg. #ABT 2055
xix.	Mitsubishi Pajero	–	Reg. #ABT 2056
xx.	Yamaha Motor Bike	–	unregistered

6. Institutional Communication

Facility	No./Address	Functional Status
Telephone	+260-1-227803, +260-1-236819, +260-221098	In use
Fax	+260-221426	In use
E-mail	nfnc@zamtel.org	Not in use
Website	www.nfnc.org.zm	In use
Post Box	Lumumba Road, Plot 5112, P.O. Box 32669, Lusaka, Zambia	In use

7. Other Commission Assets

Houses

- i. 4 x three bed roomed medium cost houses in Kalundu
- ii. 4 x flats at Villa Elizabetha along Nchoncho Road
- iii. 2 x houses in Avondale, B close
- iv. 2 x Semidetached flats in Rhodes Park, Namambozi Road (Gutted)
- v. 1 x two bed roomed house being rented out in Helen Kaunda, Solwezi

Office Building

The Commission continued to be housed at its office building on Plot # 5112, Lumumba Road, Light Industrial Area, Lusaka.

Office Equipment

Item of Equipment	# Available	# Functioning	Comments
Computers	43	36	Seven (7) defective
Printers	21	15	Six (6) defective
OH Projector (LCD)	3	2	One (1) defective
TV/VCR	1	1	
Laptops	20	19	One (1) defective
Scanner	1	1	
Photocopier	2	1	One (1) defective
Digital Camera	4	4	
Cell Phones	1	1	
Voice Recorder	5	5	
PABX KBX 100	2	1	One (1) not installed
Air Condition	9	6	Three (3) need servicing
Floor Polisher	1	1	
Electric Heater	23	22	One (1) defective
Safe	1	1	
Water Dispensers	3	2	One (1) defective
Fans	13	9	Four (4) defective
Paper Shredder	1	1	
Binding Machine	1	1	
Receiver	36	34	Two (2) defective
Deep Freezer	2	2	
Fridge	4	4	
Tea Urn	2	0	defective
Hoover	2	2	
Work Chain Block	1	1	
Item of Equipment	# Available	# Functioning	Comments
Mobi Jack workshop Stand	4	4	
Fax Machine	2	1	One (1) defective
Microwave	1	1	
4 Plate Cooker	1	1	
Diesel Generator	1	1	Not installed
Coffee Maker	2	1	One (1) defective
Kelvinator Blender	1	1	
Thermo Pot	2	1	One (1) defective
Server	1	1	
Document Sender	1	-	Not yet installed
Amplifier Max	1	1	
Head Phones	4	4	

Telephone Table Stand	1	1	
Microphone Studio	1	1	
Pop Filter	4	4	
Microphone Cables	10	10	
Wall Clock	2	2	
Studio Monitor	4	4	
Microphone Cables	100	100	
Sockets Female/Male	40	40	
Electricity Stand by Back-up	2	2	Not functioning
Mono sockets	20	20	
Standard Jack Mono	1	1	
Standard Jack Stereo Red Pilot Light	3	3	

8. Goals and objectives for the priority programmes

The National Food and Nutrition Commission had three priority programmes during the 2012. These priority programmes were Nutrition Governance, Capacity Building and Partnerships, Research, Monitoring and Evaluation and Communication and Advocacy Support for Food and Nutrition Interventions. Each priority programme had goals and objectives as outlined in the tables below;

Table 1: Goal and Objective of Nutrition Governance, Capacity Building and Partnerships

Goal	<i>To increase accessibility to food and nutrition services in order to improve the nutrition status of Zambian population</i>
Objective	<i>By 2013, the framework and modalities for a multi sector approach to food and nutrition will have been strengthened both at policy and operational level</i>

Table 2: Goal and Objectives of Research, Monitoring and Evaluation

Goal	<i>To increase accessibility to food and nutrition services in order to improve the nutrition status of the Zambian population</i>
Objectives	<ol style="list-style-type: none"> <i>1. By the year 2015, policy formulation and programming using evidence based information from research will have been strengthened</i> <i>2. By the year 2015, monitoring and evaluation of the implementation of the food and nutrition programmes in the strategic plan will have been strengthened.</i>

Table 3: Goal and Objectives of Communication and Advocacy Support for Food and Nutrition Interventions

Goal	<i>Intensify advocacy to promote 1000 critical days for prevention of stunting as a corner stone to national development</i>
Objectives	<ol style="list-style-type: none"> <i>1. Advocate for support from stakeholders and policy makers in the prevention of stunting in children under 2 years of age.</i> <i>2. Increase knowledge among communities and other stakeholders in Zambia on the prevention of stunting in children under the age 2</i>

Programme implementation was guided by the above goals and objectives.

Overview of the overall programme performance

During the year under review, food consumption survey data was collected in two agro-ecological zones/regions covering the northern part of the country (Northern and Luapula provinces). In line with the mainstreaming policy embarked on through the multi-sectoral approach to nutrition adopted by the sector, meetings were held with both provincial and national planners.

During the year under review, draft Community Nutrition Package and Guidelines for frontline workers manual was developed, there was the drafting of the Maternal, Infant and Young Child Nutrition Operational Strategy and the reprogramming of funds for the maize meal fortification programme. The 1st 1000 Most Critical Days Programme (MCDP) to prevent stunting in children under the age of two (2) years which is multi sectoral in nature was also finalized in the year under review.

The Iodine Deficiency Disorder (IDD) Impact Survey report was finalized in 2012. The findings from the Impact survey indicated that IDD was no longer a public health concern confirming the results that were observed in the 2002 Impact Survey. However, the 2011 Survey brought to the fore areas in the IDD Programme that needed attention. This culminated in the development of a Five Year IDD Programme Strategic Plan (2012 – 2016). The plan focuses on addressing these issues. Under the review year, eleven (11) policy briefs with different thematic areas were developed to advocate for improved nutrition.

Budget performance - overview

The total GRZ budget for all activities was K5, 281, 312, 000 in the year under review. A total of K5, 967, 471, 000 was released during the year under review. The grant for December 2011 was released in January 2012 and this is the reason why more resources were released in 2012. In this regard, 113 percent of the budgeted funds were released from Government while only 85 percent of the released funds were utilised. This is because the grant came very late and hence activities were carried forward to the following year. The table below shows how much were allocated to programmes from the GRZ grant, how much was released and how much was spent during 2012.

During the period under review, different nutrition cooperating partners released K3.18 billion out of the budgeted amount to K5.19 billion. This represented about 61% of the planned budget for cooperating partners. The different cooperating partners that provided direct financial support for various priority programmes are listed in Table 2.

Table 4: Budgetary allocation and Expenditure by Priority Programmes and Administration Costs

Programme	Budget 2012			Releases 2012			Expenditure 2012		
	GRZ	CP	GRZ	CP	GRZ	CP	GRZ	CP	
Nutrition Governance	208 350 000.00	3 025 828 000.00	208 350 000.00	208 350 000.00	593 607 000.00	167 738 800.00	397 616 000.00		
Research, Monitoring and Evaluation	71 435 000.00	591 663 000.00	71 435 000.00	2 300 566 000.00	24 679 635.00	3 036 500 000.00			
Communication and Advocacy	239 140 000.00	1 573 113 000.00	239 140 000.00	282 032 000.00	143 042 000.00	145 350 000.00			
Sub Total	518 925 000.00	5 190 604 000.00	518 925 000.00	3 176 205 000.00	335 460 435.00	3 579 466 000.00			
Admin Costs	4 897 780 000.00	0	4 897 780 000.00	0	4 729 598 565.00	0			
Total	5 416 705 000.00	5 190 604 000.00	5 967 471 000.00	3 176 205 000.00	5 065 059 000.00	3 579 466 000.00			

Table 5: Direct Financial Support to the NFNC by cooperating partners

DONOR	Released 2012
Heifer	15, 763
IFPRI	885, 787, 000
United Nations Children's Fund (UNICEF)	1,590,759,000
World Food Programme (WFP)	223, 221, 000
Global Alliance for Improved nutrition (GAIN)	372, 017, 000
UK Department for International Development (DFID)	1, 593, 000
CIAT	81, 108, 000
CARE	6, 137, 000
Total	3, 176, 205, 000

Programme Performance

Nutrition Governance, Capacity Building and Partnerships

During the period under review, the programme sector finalized the 1st 1000 Most Critical Days Programme that focuses on the reduction of stunting in children less than two (2) years of age and it is multi-sectoral in nature. Discussions to revive the maize meal fortification programme were also initiated during the year under review. Maize meal fortification project resources which were blocked since 2007 were reprogrammed following consultations with the Global Alliance for Improved Nutrition (GAIN). Advocacy to lift the suspension were heightened with the Ministry of Health. The Ministry of Health tasked the National Fortification Alliance (NFA) to revisit the draft Statutory Instrument for maize meal fortification. An International Consultant was being sought to assist with this task. In addition, the National Food and Nutrition Commission coordinated development of a draft sector Maternal, Infant and Young Child Nutrition Operational Strategy.

Further, the Commission held a consultative meeting with planners from key line ministries to lobby for the Food and Nutrition interventions to be incorporated (mainstreamed) in action plans of the key sectors. Provincial Planners from eight provinces and technical staff from Ministries of Education, Science, Vocational Training and Early Education, Agriculture, Local Government and Housing and Community Development, Mother and Child Health attended the three day workshop. The National Food and Nutrition Sector Strategic Plan 2011- 2015 was shared with key line ministries and there was commitment to include food and nutrition in different sector plans.

Research Monitoring and Evaluation

Food Consumption and Micronutrient Study

During the year under review, the Food Consumption and Micronutrient Survey was conducted in Northern (and Muchinga) and Luapula provinces. The survey was designed to understand the food consumption patterns of the rural Zambia population with a view of providing a guide to nutrition programme intervention development and also understand the causes of malnutrition in the country. The survey began with project introduction followed by community sensitization, mobilization and household listing in all the 30 randomly selected clusters in the agro-ecological zone III covering parts of Muchinga, Northern and Luapula provinces. A total of 18 officers were trained in the food consumption data collection. The data collection process took about 30 days and was closely supervised and monitored to ensure quality data collection.

All the districts in the three provinces were covered. In addition, dietary intake data was collected for the Food Consumption and Micronutrient Survey.

IDD Impact Survey

The 2011 IDD Impact Survey report was finalized in 2012. The findings from the Impact survey indicated that IDD was no longer a public health concern confirming the results that were observed in the 2002 Impact Survey. The Survey brought to the fore areas in the IDD Programme that needed attention. The iodine in urine was above recommended levels of 245µg/l (which were also observed in the 2002 Survey) and a notable proportion (27%) of salt samples collected had iodine levels above recommended level. It was also observed that there was an increase in the proportion of salt samples that had iodine levels below the recommended level. In addition it was also found that enforcement of the legislation on salt as well as salt monitoring was poor. This culminated in the development of a Five Year IDD

Programme Strategic Plan (2012 – 2016). The plan focuses on addressing these issues.

As a way of addressing the problem of salt iodization, a visit to some of the major salt producers in Botswana and Namibia was undertaken. One of the objectives of the visit was to establish the levels of iodine that the producers were using for the salt destined for Zambia. The other was to find out whether the producers were aware of the change in legislation from the 1994 to the 2001 on salt. It was generally observed that the 2001 legislation was not known and that the producers were using the levels given in the 1994 legislation. The salt producers will be informed about the 2001 legislation on salt officially by government, MoH. Enforcement of salt legislation and monitoring was revitalized.

Vitamin A Yellow fleshed Maize Feeding Trials

A feeding trial among Zambian children aged 60 to 82 months was undertaken in Nyimba district between May 18 to November 4, 2012. The trial was a collaboration among National Food and Nutrition Commission, TDRC and University of Wisconsin. The trial was funded by Harvest Plus. The overall objective was to determine the vitamin A liver reserves between the Orange and White maize groups. The orange maize trial involved blood drawing and vitamin A and placebo dosing of subjects. There were three arms; one arm was fed on orange maize, one arm on white maize with a dose of vitamin A, and one arm was fed white maize with a placebo dose. One hundred and fifty (150) subjects were recruited, but only 146 completed the trial successfully. The trial was 143 days, with 90 days of orange and white maize feeding, 32 days of only white feeding and 21 days of no feeding (Sundays). The trial was completed on schedule with four blood draws from the 146 subjects who were in the project to the end. By the close of the year, the full report was awaiting data analysis by the University of Wisconsin.

CARE and NFNC Katete district ART Study

The ART Nutrition Study report comparing Two Equal Value Transfer Packages for Clients Initiating ART in Eastern Province of Zambia, in Katete District, at St. Francis Mission Hospital was finalised and results were ready for dissemination. The study aim was to fully understand which transfer mechanism (cash or food) ensures adequate nutrition improvement for those initiating ART treatment, and increases adherence to Anti-Retroviral Treatment (ART) in a more effective way. The ART study had two treatment arms (cash and food) and aimed at comparing outcomes for clients initiating an ART regime. The clients were supported unconditionally with monthly food or cash transfers using electronic vouchers for a period of 8 months in accordance with the WFP Zambia protocol. A total of 351 clients aged 18 to 55 years, were enrolled in the study of which 175 were on cash and 176 on food transfers at baseline. The enrolled adults (both male and female) were randomly allocated to two treatment arms (cash or food) using computer-generated random numbers. The study was a collaborative effort between NFNC, CARE-Zambia and University of Free States.

Dietary Habits and Beans Consumption Pattern Study

The report on the Dietary Habits and Beans Consumption Pattern in Chipata District was finalised and ready for dissemination. The study, conducted in October 2011 in the 4 rural agricultural camps of Eastern province was a baseline study to provide information for the micronutrient rich bean multiplication and promotion programme. The study aimed at understanding dietary habits including beans consumption pattern of the rural communities in Eastern Zambia. A Total of 806 households were targeted to provide information during the baseline study. During the year under review, the report which was in draft form was finalized and was ready for dissemination.

Communication and Advocacy

Several consultations on the development of the 1st 1000 Most Critical Days Field Workers' Guide (FWRG) were held culminating in a zero draft during the year under review..

Journalists were also trained and oriented on issues to do with the 1st 1000 Most Critical days Programme. The training was aimed at making journalists better understand nutrition related topics thereby communicating correct information. Following the training, nutrition and the 1000 days received a lot of media coverage

In addition, the translated IYCF community package into Tonga language were produced for Concern Worldwide in Mumbwa. The translations were necessitated by the fact that the materials were community based hence the need to have them translated.

During the review year, eleven (11) policy briefs with different thematic areas were developed to advocate for improved nutrition. The Policy Briefs were under the following titles ; The Role of Nutrition in Economic Development (Counting the Economic Gains for Improving Nutrition in Zambia), Multi-sectoral coordination synergies and systems required for nutrition improvement in Zambia, Childhood malnutrition and its implications in Zambia, Food Fortification- A Worthwhile Investment for Zambia, Policy reform in agriculture -an urgent requirement if Zambia is to guarantee Household Food and Nutrition Security.

Others were Early Childhood and Adolescent Nutrition and Education, Consequences of childhood and adolescent malnutrition, Maternity Protection-A necessary ingredient to reducing child stunting in Zambia, Improving water supply, Sanitation and Hygiene: A prerequisite to Improving Child Nutrition; Nutrition on an empty plate: the place of social protection in enhancing nutrition security; The need to strengthen social protection services for people on Anti- Retroviral Therapy: Lessons from a Food or Cash transfer intervention study conducted in Katete district of Eastern Zambia and last but not the least, a technical brief for policy makers on Cash or Food transfers do improve dietary intake, nutrition status and health on HIV positive individuals initiating ART in Zambia: The need to scale up the intervention.

Table 6: Priority Programme 1: Nutrition Governance, Capacity Building and Partnerships

Key Results (Outputs)	Results achieved	Status
Functional food and nutrition multi-sectoral steering committee established at National Level	Hold sector coordinating bi-annual meetings (1x2 x 30 people).	The activity could not be done before the completion of the National Food and Nutrition Strategic Plan
Sub committees established	Hold food based sub sector coordinating meetings (1x4 quarters x 30 people)	The activity could not be done before the completion of the National Food and Nutrition Strategic Plan
	Hold advocacy and communication sub sector quarterly meetings (1x4 quarters x 30 people).	The activity could not be done before the completion of the National Food and Nutrition Strategic Plan
	Holding quarterly Research, M&E sub-committee meetings (15 people each meeting).	The activity could not be done before the completion of the National Food and Nutrition Strategic Plan
	Hold quarterly meetings for the National Fortification Alliance (30 people). 2 Quarterly Meetings and 1 Extraordinary Meeting held.	Maize meal fortification project resources which were previously blocked due to suspension of the project were reprogrammed following consultations with GAIN. Advocacy to lift suspension were heightened with MoH. MoH P/S tasked NFA to revisit the draft SI for maize meal fortification. International Consultant was being sought to assist with this task
	Hold quarterly meetings for the four IYCF sub-committees.	The pending review of IYCF operational strategy resulted in slow implementation of IYCF programmes
	Hold quarterly meetings for the Nutrition and HIV/AIDS Sub-committee (30 people).	The activity was coordinated by the DED who also had other pressing responsibilities.

HIV and AIDS Work place Policy and Implementation guidelines finalized	Implementation of the HIV and AIDS work place policy.	
	Launch the HIV and AIDS Work place policy	
	Printing the HIV and AIDS work place policy and guidelines.	
Programme specific guidelines developed (Household food security, Maternal Nutrition)	Hold six meetings for the development of guidelines (6x1 Programme guidelines) 3 preparatory meetings held for the development of MIYCFN Guidelines.	Conscious on format and scope of the MIYCN guidelines was reached and first draft was developed
	Hold workshops (1) to finalise the programme guidelines 1 st workshop held and zero draft for MIYCN Guideline produced. 2 nd workshop conducted and produced first Draft of MIYCN Guideline.	More work still required to be done especially on cross-cutting issues including coordination, capacity building, monitoring and evaluation.
	Printing of Programme specific guidelines for Household food security and Maternal Nutrition.	Not done
	Hold two dissemination meetings (household food security and maternal nutrition guidelines).	The dissemination could not be done before the completion of the Guidelines. Draft Guidelines were completed towards the end of the year (2012) final guidelines will be completed in 2013 and that will facilitate holding of these workshops.
Sector specific food and Nutrition packages developed (Community Development)	Hold 6 meetings in the development of sector packages (6x 2 community packages).	The activity depended on the Food and Nutrition Strategic Plan being developed.
	Hold workshops 5 to finalize sector packages.	The activity depended on the Food and Nutrition Strategic Plan being developed.
	Print the community packages.	The activity depended on the Food and Nutrition Strategic Plan being developed.
	Hold 1 dissemination meeting.	The activity depended on the Food and Nutrition Strategic Plan being developed.
	Hold 2 (Half day) orientation meetings.	The activity depended on the Food and Nutrition Strategic Plan being developed.

Food and Nutrition interventions incorporated in action plans of key sectors	One workshop was held in Lusaka for planners from key line ministries. These included planners from both ministry headquarters and provinces	To conduct visits to PPU and Key sectors in provinces. concept developed already
	Hold advocacy meetings for creation of food and nutrition officer / focal point person in key line ministries (MLFD, MOE, MCDMCH).	
	Conduct technical support visits to provinces and districts during the planning phase of the MTEF targeting key sectors and ministries.	Concept done and activity to be undertaken in 2013.
	MTEF planning for the period 2013 - 2015 for NFNC developed	2013- 2015 MTEF in place
Food and Nutrition packages developed for community nutrition support groups	Hold two meetings for the development of community packages. Two meetings held. Draft developed	. Completion will be done after pretest.
	Hold workshops to finalize community packages. One workshop held but not yet finalized.	Completion will be done after pretest.
	Printing of nutrition packages for community nutrition support groups.	
	Hold 2 community orientation meetings on food and nutrition packages.	To be done after completion of the packages
Orientations on 1000 days conducted for key players including multi-sectoral teams and media personnel at national, provincial and district levels	Hold one day National orientation meeting for multi-sectoral teams	These provided opportunity to provide input in the development of the first 1000 MCDP
	3 orientation meetings on Scaling Up Nutrition for national multi sectoral teams and Civil Society Organizations were held	
	Hold Provincial and district orientation meetings for multi-sectoral teams	These provided opportunity to provide input in the development of the first 1000 MCDP
	3 provincial and 3 district multi sectoral teams were oriented	
Procure two field vehicles for coordination and monitoring the scale up of the 1000 days program (Administration).	Funds were not available	

	<p>Train journalists on the 1st 1000 days (2x3 days training workshops for 30 participants)</p> <p>1. Trained and Orientated Journalists on the 1st 1000 MCDs programme.</p> <p>2. Developed newspaper features and radio programmes</p>	We need to invest more in the training of Journalist as they play a major role in sending the information to the public. The training make them better understand nutrition related topics thereby communicating correct information.
	Procure a 1000 days mobile van (Administration).	Funds were not made available as programme was still being finalised
Competences/skills built in multi-sectoral staff in IYCF, GMP, NACs and Micronutrient control in 15 selected districts	Conduct Training of Trainers for 50 multi-sectoral personnel at National level.	The First 1000 MCDP programme was still under development as at 31 st December 2012
	Conduct Training of Trainers for 60 multi-sectoral personnel at district at level.	The First 1000 MCDP programme was still under development as at 31 st December 2012
	Facilitate the trainings for 600 field multi-sectoral personnel.	The First 1000 MCDP programme was still under development as at 31 st December 2012
	Conduct training for community support volunteers under Agriculture, Health, Community Development Mother and Child Health	The First 1000 MCDP programme was still under development as at 31 st December 2012
Specialised training on food and nutrition conducted with focus on reducing stunting	Hold consensus building meeting on training needs.	The First 1000 MCDP programme was still under development as at 31 st December 2012
	Incorporate in the First 1000 Most Critical Days Programme	The First 1000 MCDP programme was still under development as at 31 st December 2012
	Conduct training needs assessments Incorporate in the First 1000 Most Critical Days Programme	The First 1000 MCDP programme was still under development as at 31 st December 2012
	Develop training packages	The First 1000 MCDP programme was still under development as at 31 st December 2012
	Incorporate in the First 1000 Most Critical Days Programme	The First 1000 MCDP programme was still under development as at 31 st December 2012
Human Resource Development Policy and Guidelines Finalized	Hold a one day consensus meeting on the draft Human Resource Development policy (Administration)	
	Hold a 3 day workshop for the development of the Human Resource Development guidelines (Administration)	
	Printing of the human resource development policy (Administration).	Policy undergoing review among staff

Financial support provided to nutrition groups for the implementation of food and nutrition packages	Financial; support to 10 nutrition groups.	Although planned for there were no funds allocated for this activity.
UNPLANNED ACTIVITIES		
	Printing of Programme specific guidelines for Household food security and Maternal Nutrition	
	Printing of nutrition packages for community nutrition support groups	
	Train journalists on 1000 days (2x3 days training workshops for 30 participants)	16 journalists were trained with financial support from CSH.

Table 7: Priority Programme 2: Research, Monitoring and Evaluation

Key Results (Outputs)	Results achieved	Status
Food and Nutrition Research Agenda Developed	1. Hold consensus meetings on the food and nutrition research agenda.	
	2. Hold 2 meetings to finalize research protocols on selected research agenda items	
	3. Compendium of research activities documented	Report was being finalised by the end of the year
Food consumption and micronutrient survey conducted	<ol style="list-style-type: none"> 1. The food consumption survey was introduced in Northern (Muchinga) and Luapula provinces where the survey was going to be carried out. The introduction was both at provincial and district levels. All the districts in the two provinces were covered [Northern-Muchinga (11); Luapula (7)]. This was done in the first quarter of 2012. 2. Communities were mobilized and sensitized about the survey in all the 30 selected clusters. During the same period, listing of households from which a sample was selected to take part in the survey was carried out. This was also done in the first quarter of 2012 3. Data collectors were trained in collection of dietary intake data. This was carried in the second quarter of 2012 4. Dietary intake data was collected from all the 30 selected clusters in Northern /Muchinga and Luapula provinces. 5. Primary data entry was performed covering a total of 625 Questionnaires. Secondary data entry was yet to be completed by the close of the year. 	This activity was not highlighted in the 2012 plan of action as it was initially planned to be carried out in the year 2011

Non-communicable diseases (NCDs) study conducted	Hold 5 meetings to develop the NCDs survey protocols.	
Nutrition Surveillance Sentinel Sites established	Carry out routine bi-annual surveillance data collection.	Expected to be done in 2013
	Data analysis, report writing for the surveillance results.	Expected to be done in 2013
	Dissemination of the surveillance results.	Expected to be done in 2013
Food and Nutrition situation report produced	Hold meetings to review the indicators and plan data collection for 2011 report.	Expected to be done in 2013
	Hold workshop to draft and finalize the food and nutrition situation report for the year 2011.	Expected to be done in 2013
	Print 200 copies of the food and nutrition situation report for the year 2011.	Expected to be done in 2013
Food and Nutrition Programme Performance Assessment	Hold a 3 days' workshop to develop the program performance assessment tools.	
	Conduct supportive visits to 10 Groups.)	Only Siavonga Nutrition Group was visited due to inadequate funds.
	Undertake technical supportive visits to pilot districts	

Table 8: Priority Programme 3: Communication and Advocacy Support for Food and Nutrition Interventions

Key Results (Outputs)	Results achieved	Status
Advocacy activities conducted	Development of Tool kit for 1 st 1000 days program (Content development, printing of materials).	The activity was not completely done. However some policy briefs were developed as part of the kit
	Hold meetings with parliamentarians	This activity was not done due to limitations in the finances. Expected to be done in 3013
	Hold meetings with private stakeholders	The activity was not done due to limitations in the finances.
	Conduct 1 st 1000 Days campaigns together with Nutrition Week Launched at national level (preparatory meetings, develop and pre-test campaign materials, distribution)	Note Done due to funding gaps.
	Commemorate the Breastfeeding Week 1.Launched the World breastfeeding week in all provincial headquarters of Zambia. 2.Printed 10 banners and 6 types of brochures for distribution. 3.Engaged 2 community radio stations in each province to disseminate information. 4.Engaged communities in ensuring that nutrition messages reach the community	Activity was successfully held. For the first time in more than 10 years all the provinces launched and commemorated this event.
Exhibitions held	Exhibit at the Agriculture and Commercial Show 1. Exhibited at the Lusaka Agriculture and Commercial show 2. Produced promotional banners and IEC materials 3. Distributed a wide range of brochures and books, and provided nutrition counseling to show growers.	This was done in order to advocate for better nutrition and distributed related IEC materials among people who attended the show
Corporate Promotional Materials Produced	1. Held 2 discussion meetings. 2. Produced 2500 promotional calendars 3. Printed some NFNC branded promotional pens and distributed during the shows and other meetings	It is an important IEC publication which must be supported by allocating more

UNPLANNED		
	Developed 1st1000MCDP Policy briefs	This activity was funded by partners
	Participated in 2012 Measles and Child Health Week documentation	This activity was funded by partners
	Produced translated Community IYCF Package in Mumbwa for Concern Worldwide	This activity was funded by partners
	Edited and designed the IDD Report	It was done in-house, hence no cost was attached
	Designed the Sector Strategic Plan and Programme for 1 st 1000MCDs Document	It was done in-house, hence no cost was attached
	Trained 07 members of staff in Website Management	This was an in-house activity
	Held design workshop for 1 st 1000MCDP IEC materials	This was supported by CSH
	Participated at Intercompany Relay	The budget line for the activity was drawn from the agriculture show budget.

9. Conclusion

During 2012, most of the Commission's activities depended on the completion of the National Food and Nutrition Strategic Plan which was being formulated by the Government through NFNC, line Ministries and Civil Society Organizations and Cooperating partners. The performance of the Commission was affected by the continued development of the National Food and Nutrition Strategic Plan (2011-15) and the 1st 1000 Most Critical Days Program (MCDP). This is because most of the activities in the MTEF were part of the major objects of the two (2) documents. However the completion of the two documents also highlighted a clear path for these activities to be included in the next MTEF with clear objectives and plans to implement them. The finalization of the NFNSP and the 1st 1000 Most Critical Days Programme will enhance the programme implementation as outlined in the MTEF. Further, there was heavy reliance on external funding and this also affected programme implementation.

10. Lesson learnt

- ❑ Inadequate funding to NFNC from the Ministry of Finance and National Planning through MOH has rendered most planned activities not being undertaken or completed as the same grant has to cater for Programmes, Recurrent Departmental Charges (RDCs) and Personal Emoluments.
- ❑ Most activities require more financial resources than is currently allocated. This has led to most activities not done to full scale or not done at all.
- ❑ Timely information on the release of funds is important. This is to allow for timely implementation of the activities
- ❑ There was overload of activities in the MTEF.



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