

- Name of the club.
- List of members.

TYPES OF ASSISTANCE

The following is the type of assistance that can be accessed by women's clubs :

- Financial assistance in form of a grant to support income generating projects that are feasible and manageable by the club.
- Inputs for Small scale businesses such as Poultry farming, basketry, knitting and weaving; gardening, small livestock farming which in the end will help improve the nutritional status of the beneficiaries.
- Material - Clubs can apply for direct material support or equipment such as hammer mills, ploughs, yenga press, ox carts, knitting machines, and small scale food processing machines such as peanut butter and sausage making machines.

The grants and equipment given to clubs will be strictly for the purpose of income generating activities in order to improve nutrition in household and communities at large.

WHAT CAN WOMEN'S GROUPS DO TO IMPROVE NUTRITION IN THE HOME?

- Ensure the household is food secure has enough food before selling produce and live stock.
- Provide a variety of foods for the family especially children under-five, pregnant and lactating mothers.



FOR FURTHER INFORMATION CONTACT:

The Permanent Secretary
 Ministry of Community Development and Social Welfare, Private Bag W 252, Community House
 LUSAKA, Or
 The District Community Development Officer in
 your District



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Republic of Zambia
Ministry of Community Development and Social Welfare

Department of Community Development

WOMEN EMPOWERMENT PROGRAMME

**Creating wealth and
Improving Good
Nutrition for families**

WOMEN EMPOWERMENT PROGRAMME - Creating wealth and Improving Good Nutrition for families

BACKGROUND

Poverty in whatever form is undesirable. It tends to affect more women than men due to a number of factors.

- Women are disadvantaged because of the negative traditional customs and beliefs that suppress women's advancement in many ways.
- This leads to lower educational levels among women.
- Ultimately we have fewer numbers of women in formal employment compared to the men folk.
- Women want to improve themselves but they are usually unable to access funds. However, statistics indicate that improving the socio-economic status of a woman leads to more benefits for the child and the community at large.
- When a woman is empowered economically, she is able to buy a variety of food to feed her family.

BENEFITS OF WOMEN EMPOWERMENT

- Women get empowered and access resources for coming up with a business
- The funds realized helps the family
 - o Buy school requirements for the children
 - o Making good food choices for the family
 - o Reduce poverty
- Growing a variety of food crops and becoming food security in the household.
- Rearing small live stocks to sale and improve the household income.
- Having small livestock's and a variety of foods grown for household use

TARGET

The Women Empowerment Programme mainly targets the vulnerable women living in Peri-Urban and Rural Areas. However, taking into consideration the aspect of gender and development, men are also encouraged to join women's clubs as long as the number of men does not exceed the number of women.



REGISTRATION OF WOMEN'S CLUBS

- A group of 10 to 25 members
- A certificate of registration from the Registrar of Societies, Local Council or any recognised institution mandated by law to perform such registration functions in Zambia.
- A recommendation letter and any relevant information from the District Community Development Office.

HOW TO ACCESS FUNDS

The funds can be accessed by any registered club or Association regardless of political affiliation, following the laid down procedures for accessing the funds:

- The club should be registered under the registrar of societies or the council.
- Have a Project proposal
- Have a valid Bank account.
- Have a Constitution stipulating - penalties and office bearers.